

GROWING IN FAITH TOGETHER



LENTEN ACTIVITY TREE

During Lent, decorate a tree branch as you participate in some of the Lenten activities suggested on the attached Lenten Activity Cards. On Easter Sunday, replace these cards with pictures of butterflies, flowers, eggs etc.



You will need:

- A set of Lenten Activity Cards printed on light-weight cardboard.
- Scissors
- Ribbon or string
- Tape
- Pencils or felt-tip markers
- Tree branch, vase and stones or pebbles



What to do:

1. Place your tree branch in a vase supported by the stones or pebbles.
2. Cut out the Lenten Activity Cards and place in a bowl next to your vase.
3. On the days of Lent, work through the different activity cards. When each activity is completed, decorate the back of the card, attach a piece of ribbon and hang it from your tree branch.
4. On Easter Sunday replace these cards with images of butterflies, flowers, eggs etc. and use as a table centrepiece for your Easter celebrations.

1

On Ash Wednesday, go with your family to worship and receive a cross of ashes as a sign of your repentance and forgiveness.

2

Find all your Lent- and Easter-themed books and DVDs and put them in a special place to be used during the days and weeks of Lent.

3

Decorate a jar or small box to fill with small change during Lent. Donate the collected money to a charity or place on your offering plate.

4

Talk about what Easter rituals you have made as a family.

5

Contact your local council and find out if there is a way you can serve in your community as a family or household.

6

Have fish for your evening meal one night and find out why some people like to eat fish during Lent.

7

Fill a pot with soil and plant seeds (or grass seed) and watch them grow during Lent. Talk about how we are like seeds.

8

Go for a walk in a park or nature reserve and look for items in nature that have an Easter theme.

9

Discuss having a day or time of the week during Lent without any screens on in your home, including your television, computers, phones etc.



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10

Play a board game as a family or household.

11

Think of an Easter song you know. Try singing it together !

12

Do some household cleaning together and talk about how we are made clean through the death and resurrection of Jesus.

13

Light a candle and watch it burn in silence for one or two minutes before your evening prayers.

14

Bless each other with the sign of the cross and say; 'May God bless you today.'

15

Go out into your garden and pray together.

16

Read a storybook together.

17

Invite each person to write a letter to God (or draw a picture) thanking him for sacrificing Jesus on the cross for us.

18

Make some Easter biscuits. Make cross, butterfly or heart shapes.



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19

On Palm Sunday, read or act out the story of Jesus riding into Jerusalem on a donkey.

Luke 19:28-38.

20

Share some of your Easter biscuits with friends and neighbours.

21

On Maundy Thursday wash each other's feet remembering how Jesus washed the feet of the disciples.

John 13:1-17.

22

On Good Friday make some crosses and display in your home. Be creative and see how many different ones you can make.

23

On Easter Saturday, make an Easter poster and display on your front door on Easter Sunday.

24

On Easter Sunday make pictures of butterflies, eggs and flowers to hang on your tree branches to replace the activity cards you have been hanging up during Lent. Use as a table centrepiece for your Easter celebrations.



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