

# Who keeps me **SAFE AT CHURCH?**



Who are the people you can talk to when you don't feel safe at church? They should be adults and include someone who lives with you as well as people away from your house.

*Suggestions: Mum, Dad, a grandparent, aunt, uncle, teacher, pastor or Sunday school teacher.*

God has placed these people in your life to keep you safe.

Write their names on your safe hand and ask someone to help you write their phone numbers so you can always contact them if you are scared or worried or unsafe.

Call them now and let them know they are on your safe hand.

Pray for each other that you will always be safe and protected.



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**SAFE HAND**

Call Kids Helpline **1800 55 1800**

Email [counsellor@kidshelpline.com.au](mailto:counsellor@kidshelpline.com.au)

**At this church you can Speak Up to**

..... (name)

..... (phone)

You can also

phone or text **0438 320 218**

email [speakup@lca.org.au](mailto:speakup@lca.org.au)