

# SUNDAY OF THE CHURCH YEAR: Proper 14B

Please refer to Guidelines for Children's Addresses in Worship document produced by the LCA Department of Liturgics and Grow Ministries - download guidelines [here](#).



## MAIN POINT

**Jesus is the bread of life**

## SCRIPTURE FOCUS

**I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world. John 6:51**

## AIDS

Bread cut into small pieces.

## ADDRESS

**Who's feeling hungry?**

*Offer the children some bread if appropriate.*

**Bread is good food for hungry stomachs, but it won't be long before we will feel hungry again and want more food. Our hearts can get hungry too but not for food. When Jesus says he is the bread of life, he's talking about being food for our hearts not our stomachs. When our hearts feed on Jesus, his love for us fills us up and our hearts won't ever be hungry again.**

**How can we feed on Jesus?**

*e.g. Reading the Bible, reading stories about Jesus, coming to the Lord's Supper.*

**Jesus says when we come to communion we are eating his body and drinking his blood and by doing this we will live forever. Even if we don't take communion yet, we come to the altar and receive a blessing. We need bread to live, but we need Jesus – the bread of life – to live forever.**

## PRAYER

**Dear God, thank you for giving us all that we need. Thank you for giving us Jesus, the bread of life. Amen.**

You may wish to hand out *Growing Faith at Home*, *Worship Notes* or another resource before the children return to their seats.

For more information about Grow Ministries and other resources for ministry to children, young people and their families, please contact:

e: [growministries@lca.org.au](mailto:growministries@lca.org.au) p: (08) 8267 7300 [www.growministries.org.au](http://www.growministries.org.au)