



Grow Ministries

LCA CHILD YOUTH & FAMILY MINISTRY

RESOURCE CATALOGUE

At Grow Ministries we are passionate about providing innovative and creative resources that help develop a lifelong faith in individuals, families and communities.

LOVE COMES TO LIFE

when all of us
– no matter
what our age or
family situation –
commit to lifelong
growing together
in God's grace.

CONTENTS

Family Resources

- 3 Faith Trail
- 4 Growing Faith at Home
- 4 Growing Faith Moments
- 5 Talk Time Cards
- 5 Living the Catechism
- 6 GIFT (Growing in Faith Together)
- 6 Books of the Bible Cards

Children's Resources

- 7 GROW Kids
- 7 First Communion

Youth Resources

- 8 Grow Disciples
 - 8 A guide for cultivating lifelong faith
 - 8 Curriculum
 - 9 Faith Practices
 - 9 Resource Support Pack
- 10 Mentoring

Worship Resources

- 11 Seasons of the Church Year
- 11 Worship Notes
- 11 Children's Addresses
- 12 All Age Study Booklet
- 12 Children's Teaching Pack

Equipping Sheets

- 13 Intergenerational ministry
- 13 Faith at home

Bible Studies

- 14 Talking Points
- 15 STAND
- 15 Parents in Pain



CELEBRATING LIFE IN FAITH TOGETHER



Faith Trail Ministry is a way to equip families with resources for sharing their faith stories. Faith Trail markers are celebrated with an event for children and parents to attend together and are recognised in worship through prayer, blessing and gifting.

Each Faith Trail marker resource is based around the following outline:

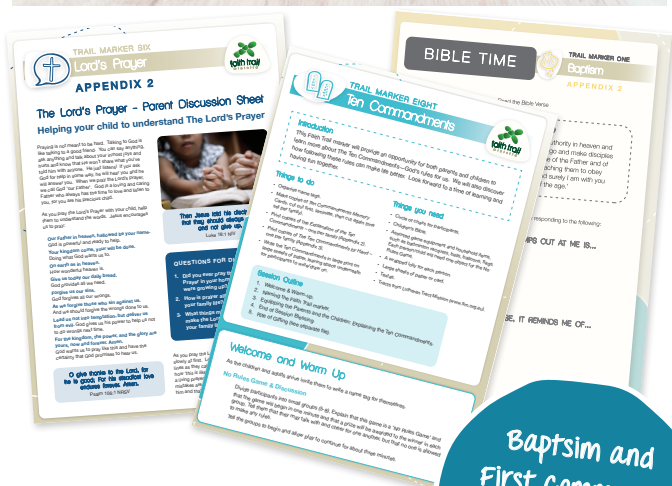
- **Naming and Marking** the spiritual markers in the lives of children
- **Equipping** with take-home resources
- **Blessing** the child in worship
- **Gifting** a symbol as a reminder of the occasion

Faith Trail includes:

- Session outline including prepared handouts
- Introductory documents
- Additional resources for children and parents

Fourteen Faith Trail markers have been developed including:

- Baptism
- Baptism Anniversary
- Prayer
- Family Worship
- Beginning School
- Lord's Prayer
- My Bible
- Ten Commandments
- First Communion
- Confirmation



Baptism and First Communion markers available individually



AND MORE!



Growing FAITH at home

Connecting weekly congregational worship with the faith life of the home. There are aids for individual or household devotions, including Bible readings, prayers and blessings. It includes ideas and suggestions to help households live out their faith in and through the home during the week.



All sheets available in two styles: ORIGINAL or SIMPLIFIED for each of the lectionary years.



GROWING FAITH MOMENTS



Growing Faith Moments have been created to encourage congregations and families to talk about significant celebrations or difficult moments that happen in life.

Allow God, faith and life to be intertwined together as you reflect on a particular moment in time, and capture the memories.

Set A has been specifically designed to encourage **all ages**:

- Affirming Spiritual Gifts
- Becoming a Grandparent
- Becoming a Parent
- Birthday
- Empty Nest
- Engagement
- Wedding Anniversary

AND MORE!

Set B has been specifically designed to encourage **children and teenagers**:

- First Job
- High School Graduation
- Kids and Money
- Leaving for camp
- Losing your first tooth
- My body, God's gift
- Preschool Graduation

AND MORE!



Talk Time cards have been created to encourage faith conversations by bringing God into everyday life. The cards are designed to be printed, cut out and laminated.

Talk Time All Ages cards have been designed to share memories, activities, specific events and experiences of faith. Ideal for small groups, family events and more.

There are 33 cards in four categories:

- Reflections
- Impressions
- Values
- Interactions

Talk Time Children cards have been designed to provide opportunities for parents and other adults to have meaningful conversations with children. They provide a fun way to share stories about God's presence and his faithfulness.

There are 24 cards in four categories:

- Reflections
- Emotions
- Wondering
- Growing Together



LIVING THE CATECHISM



28 simple to use sheets, teaching three topics.

Living the Catechism is designed to introduce your household, family or small groups to Luther's Small Catechism.

These simple to use sheets will help people use the Luther's Small Catechism to learn about the teachings of the Christian Faith.

Your household could use a different sheet each week, fortnight or month depending on how much time you can dedicate to family devotion time.





GIFT

GROWING IN FAITH TOGETHER



Passing on the Christian faith involves a partnership of generations, individuals and families. The ten GIFT packs – designed for congregations, schools and homes and filled with intergenerational activities and ideas – could be used for a monthly Messy Church event.

The packs include:

- Worship ideas
- Dramas
- Worship activity
- Activities
- Take home sheets for families

GIFT topics are:

- Advent
- Lent
- Pentecost
- Baptism
- Fruits of the Spirit
- Martin Luther
- Serving Together
- What We Believe
- My Bible
- Prayer

AND MORE!



BOOKS OF THE BIBLE CARDS

Books of the Bible

CARDS



A game to learn about the books of the Bible. Who is the author? Who are the key characters? What are some of the key stories in each book? Download, print, cut and laminate to make as many sets as you need. Game suggestions included.

GROW kids

a curriculum for
cultivating lifelong faith



A lectionary-
based children's
ministry
curriculum

Provides a lesson plan for each Sunday of the church year. This resource allows you to GROW Kids in knowing Jesus and his love through storytelling, worship and service.

We appreciate that your children's ministry program may be small and that ages vary. This resource provides opportunities to tailor sessions to suit your audience.



FIRST COMMUNION



First Communion

PREPARATION GUIDE FOR PARENTS

The preparation guides encourage congregations and families to work together in preparing children to receive the special gift of holy communion and is designed for home use, guided by a congregational leader.

Adult mentors are encouraged to walk alongside the children as they embark on this part of their faith journey.



1. Introductory session
2. Lesson 1 - Remembering what Jesus has done for us.
3. Lesson 2 - Eating and drinking.
4. Lesson 3 - God's gifts.
5. Lesson 4 - Preparing for holy communion.
6. Concluding session - A shared meal with families.
7. Worship service - First communion celebration.



GROW DISCIPLES

A guide for cultivating lifelong faith



Grow Ministries has studied the best contemporary research, combined it with experience in local ministry settings and brought them together in Grow Disciples. It emphasises lifelong intergenerational discipleship and provides practical advice for nurturing personal faith in meaningful and Christ-centred ways.

Written to assist pastors and lay leaders reflect on their approaches to confirmation. Three key considerations drive the resource:

- a long-range mindset – encouraging a faith that will be supported into the future by families and congregations,
- being relational – prioritising relationships, appropriate teaching methods and experiential learning opportunities, and
- creating a compelling session that is relevant, interactive and engaging.

It is our desire that Grow Disciples will assist congregations in providing a clear and engaging pathway for the faith formation journey of young people which includes families and congregational members. Suitable as a discipleship equipping tool for any age and stage of the faith journey.

COMPLETE RESOURCE INCLUDES:

Curriculum

The Grow Disciples complete curriculum includes 5 modules (with 37 sessions), preparation documents and resource support packs (including games, activities and ideas). The five modules are designed to be flexible and help you create relational and engaging sessions as part of a lifelong discipleship journey.

The modules are:

1. God's Big Story
2. The Old Testament
3. The Story of Jesus
4. The New Testament
5. Being Lutheran



Faith Practices

Offers tips and practical resources for engaging young people in spiritual practices.

Including:

- Practices to engage scripture
- Practices to engage prayer
- Practices to engage everyday life



Resource Support Pack

This resource support pack is filled with activities and games to develop an approach that is lifelong, life related and well organised.



The Grow Disciples book can be purchased online from Australian Christian Resources at www.shopACR.com.au or by contacting the Churchwide Office on 08 8267 7300.



Mentoring Resource

Mentoring is important. At the most basic level it ensures that a young person has someone who cares about them.

This pack provides resources to start a formal or informal mentoring program in your congregation.

Inside you will find:



1 GETTING STARTED

- How to begin a mentoring program
- Mentoring booklet
- Safe Church requirements



2 A FRAMEWORK



- Equipping – The value of Christian mentoring
- Equipping – Mentoring – a practical guide
- A Framework for Mentoring

3 MENTORING SUPPORT DOCUMENTS

- Mentoring profile
- How young people are developing
- The way faith grows
- Self-esteem
- Listening
- Communication
- Conflict



Seasons of the Church Year

This resource is made up of several colourful sheets full of information that provide a fun and interactive way to help you grow in your understanding of the seasons of the church year.



Worship Notes



Encourage the young people in your congregation to actively engage in worship. Worship Notes provide them with an opportunity to reflect on the songs, sermons and other points of interest.

TWO STYLES

For younger (3-7 yrs) and older children (8-11 yrs) – are available in colour or B/W.

CHILDREN'S ADDRESSES

All you need to provide an engaging children's address during your worship time. It includes Bible readings, aid ideas and other helpful tips to ensure the gospel message is shared. Use as part of your weekly worship. There is a children's address for each Sunday of the church year, beginning with Advent.

These addresses are closely linked to our Growing Faith at Home resource, so you can start the journey during worship and encourage families to continue exploring their faith together at home during the week.



CHILDREN'S ADDRESSES

Why we do the things we do IN OUR LUTHERAN WORSHIP



Booklet

Our Lutheran worship is full of meaning and purpose. The flow of worship is intentional.

This booklet was created to grow understanding of the elements of worship. It goes into detail and explains the different parts of our worship and provides the Biblical foundation. It is available as a pdf download or a printed booklet.



CHILDREN'S TEACHING PACK

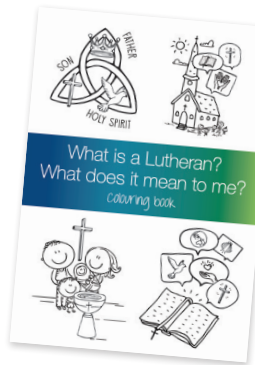
Worship Pack

This worship pack is full of ideas and teaching tools that will grow children's understanding of and help to explain why we do the things we do in our Lutheran worship.

Included in this pack:



Lutheran worship booklet - explaining the different parts of Lutheran worship.



Colouring in book - a great welcome pack resource for children to learn what it means to be Lutheran.



Worship Notes - for children to complete during worship what they hear and see.



Worshipping with Young Children guide - to equip congregations and parents about the importance of worshipping together.



Equipping sheets - to equip leaders to have a deeper understanding of intergenerational worship.



Flow of worship activity - encouraging young people to engage in the flow of the worship service.



... for Intergenerational ministry

Intergenerational ministry is a philosophy of ministry rather than a program – a way of being rather than doing. Its goal is to strategically build significant and meaningful interactions between the generations. The key components of intergenerational ministry are interaction and intentionality.

Designed to encourage and inspire you with practical information that will equip you with ideas, the equipping sheets include:

- What is intergenerational ministry?
- A practical guide to intergenerational ministry
- Being missional
- A practical guide to being missional
- Helping people encounter Jesus
- Being relational
- Building teams



... for faith at home

We know that in every way and every day, Jesus is calling us into a deeper and closer relationship with him. We know that this doesn't just happen once a week for an hour at church or an hour in our small groups. As parents, we are blessed with the joy and gift to share what we know about God's love for us with our children and families.

Faith at home equipping sheets include:

- Encouraging faith at home
- Encouraging home devotions
- Sharing your faith with your children
- Reading the Bible
- Encouraging families to pray
- Family worship at home
- Welcoming Jesus to our table





Talking POINTS

Let us hold unwaveringly to the hope we profess, for he who promised is faithful. And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

HEBREWS 10:23-25



These studies are designed to create an open discussion platform, with no pre-reading or planning required. They are created to be used flexibly.

Volume 1 topics

- What is church?
- What does faith do?
- Can we earn our way to God's love?
- Why do bad things happen?
- What are your spiritual gifts?



Volume 3 topics

- How do we support cultural diversity?
- How can Christians remain united?
- How do we determine our identity?
- Why should I read the Bible?
- How do we combat pornography?



Volume 4 topics

- How can I be sure God exists?
- Has science disproven Christianity?
- Isn't the Bible just the work of people?
- You're a Christian? Good for you! It's just not for me.
- I believe in God, but worship isn't for me.



Volume 2 topics

- What do I believe?
- How do we live an authentic faith?
- What is my testimony?
- How do we evangelise?
- How do you make decisions?

stand.

Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith into this grace in which we now **STAND**. And we boast in the hope of the glory of God.

ROMANS 5:1-2



This Bible study is based on Romans 5: 1-2.

There are 5 sessions, designed to promote discussion, with no pre-reading or planning required.

1. How do we stand in grace?
2. Do we understand suffering?
3. Am I disciplined?
4. How are we to live?
5. Where does our hope come from?



Parents in Pain

“But you my friends, keep on building yourselves up on your most sacred faith. Pray in the power of the Holy Spirit, and keep yourselves in the love of God, as you wait for our Lord Jesus in his mercy to give you eternal life.”

JUDE 20-21



PARENTS IN PAIN

Many have felt the heartache of having loved ones turn from the Christian faith. This series has been created for parents to come together to share, support and encourage one another.

Parents in Pain is designed to be completed over four sessions, providing time for:

- COMFORT - You are not alone
- REFLECTION - What went wrong?
- LETTING GO - Wrestling with the guilt
- HOPE - Just keep loving them





Grow Ministries

LCA CHILD YOUTH & FAMILY MINISTRY

For more information about Grow Ministries and other resources for ministry to children, young people and their families, please contact:

e: growministries@lca.org.au

p: (08) 8267 7300

www.growministries.org.au