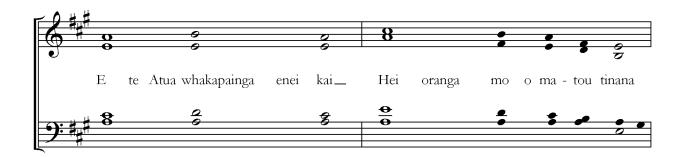
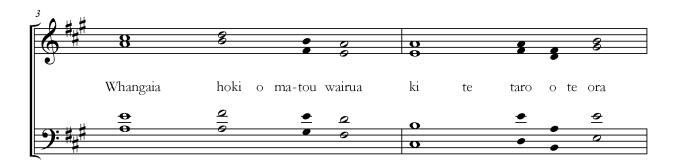
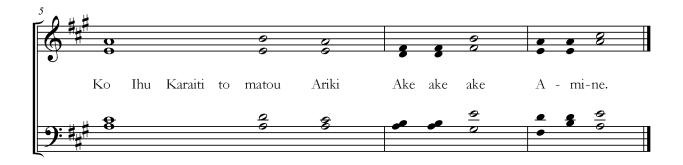
## Karakia Mō Te Kai







Lord God
Bless this food
For the goodness of our bodies
Feeding our spiritual needs also with the Bread of Life
Jesus Christ our Lord
Forever and ever
Amen

SETTING: Mark Whitfield (2014)