

SUNDAY OF THE CHURCH YEAR: PROPER 16C

Please refer to Guidelines for Children's Addresses in Worship document produced by the LCA Department of Liturgics and Grow Ministries - download guidelines [here](#).



CHILDREN'S ADDRESSES

MAIN POINT

Jesus sets us free so we can praise him.

SCRIPTURE FOCUS

When Jesus saw her, he called her forward and said to her, "Woman, you are set free from your infirmity." Then he put his hands on her, and immediately she straightened up and praised God. (Luke 13:12-13)

AIDS

A box of simple everyday items – book, box of cereal, plastic cup, doll or teddy bear – choose your own objects.

ADDRESS

Have the children stand on one side of the church and walk over to the other side and pick up an object and bring it back.

Now have them do the same task but they cannot stand up straight – they must stay bent over at the waist the whole time.

How much harder was it to do the same action the second time? Why?

In our Bible lesson today Jesus wanted to help a lady who had been sick and in pain for 18 years. Can you imagine having to walk like you just did for the rest of your schooling years? How would that feel? And wouldn't it be wonderful if Jesus came along and healed you?

There were some people in the Bible story who were angry with Jesus for healing this woman. That doesn't make much sense to us, because we should be so happy that this woman was healed. The people who know the law were angry because Jesus healed her on the Sabbath. The Sabbath was the holy day, and no one was supposed to do anything on the Sabbath. Jesus was breaking the rules.

There were times in the Bible when Jesus had to break some rules. He thought it was more important to help people and heal them than to follow a rule. It doesn't mean we don't follow the rules. It just means we need to decide like Jesus did what it is most important, and that is to help people who need our help.

PRAYER

Lord Jesus, please set us free from all that cripples us. Lift us up to praise and worship you. Amen.

You may wish to hand out *Growing Faith at Home*, *Worship Notes* or another resource before the children return to their seats.

For more information about Grow Ministries and other resources for ministry to children, young people and their families, please contact:

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