

# SUNDAY OF THE CHURCH YEAR: Proper 13B

Please refer to Guidelines for Children's Addresses in Worship document produced by the LCA Department of Liturgics and Grow Ministries - download guidelines [here](#).



## MAIN POINT

**Jesus is the bread of life**

## SCRIPTURE FOCUS

**Then Jesus declared, 'I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.' John 6:35**

## AIDS

Lollies or other treat.

## ADDRESS

**Who has a favourite food?**

*Get some answers from children and adults – encourage them to describe the food.  
e.g. I LOVE pizza – the deep pan and lots of toppings.*

**Is anyone craving food right now? Describing food is making my tummy rumble.**

**I have some treats here. Show lollies or other treat. Who would like one?**

**If I gave you one, how long would it last? How long until you'd want another one? Google tells me a person can last 30-40 days without food. But, I have a feeling you'd be craving food well before that!**

**So these treats wouldn't last very long would they? In fact, any food wouldn't last very long once your body has digested it. You'd eventually need more food.**

**The Bible reading talks about Jesus being food: He says "I am the bread of life. Whoever comes to me will never be hungry again".**

**That's interesting! I wonder what he means?**

**The writer is talking about spiritual food. Eating pizza satisfies our physical hunger (our stomachs), but spiritual food feeds our soul. When we come to Jesus, he fills a place in our hearts that makes us feel loved and special. We can talk to Jesus when we pray. We can read about him in the Bible. This is the spiritual food that feeds us. What Jesus is saying is that whoever comes to him will never be hungry again! How nice to know that spiritual food lasts forever! I think that's news worth sharing!**

**Let's thank Jesus for feeding us!**

## PRAYER

**Dear Jesus, thank you so much for satisfying us with your spiritual food. Help us to share this great news with others so they can be happy too. Help us to share what we have with people who are in need. Amen.**

You may wish to hand out *Growing Faith at Home*, *Worship Notes* or another resource before the children return to their seats.

For more information about Grow Ministries and other resources for ministry to children, young people and their families, please contact:

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