

SUNDAY OF THE CHURCH YEAR: PROPER 11C

Please refer to Guidelines for Children's Addresses in Worship document produced by the LCA Department of Liturgics and Grow Ministries - download guidelines [here](#).



CHILDREN'S ADDRESSES

MAIN POINT

We need regular nourishment of God's Word.

SCRIPTURE FOCUS

But the Lord answered her, "Martha, Martha, you are worried and upset about many things. Only one thing is important. Mary has chosen the better thing, and it will never be taken away from her." (Luke 10:41-42)

AIDS

Two potted plants. One healthy and in a pot with soil. One wilted with visible roots and in a pot with no soil.

ADDRESS

I have two plants to show you today. (*Show healthy plant*) This one stays in its pot with its soil all the time. It has good roots and gets all the nourishment its needs from the soil.

Look at this other plant. This one is a travelling plant. (*Pull plant out to show the roots as you move it around and say the following...*) It likes to sit on '*child's name*' shoulder. It likes to hide behind the lectern. It wants to sit next to '*child's name*'.

Will my travelling plant grow strong and healthy?

No. It needs to stay in one place so its roots can get nourishment or 'food' from the soil.

We are like plants. We need to stretch our roots to find our food. We can find that kind of food for our faith in God's Word. Just like Mary sat at Jesus' feet to listen to his words. We read and listen to the Bible so we can grow in our faith and learn how to live as God's children.

PRAYER

Lord Jesus, teach us to look to you for everything we need. Amen.

You may wish to hand out *Growing Faith at Home*, *Worship Notes* or another resource before the children return to their seats.

For more information about Grow Ministries and other resources for ministry to children, young people and their families, please contact:

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